



2024 September																	Serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard	
<b>Steak &amp; Lobster</b>																																									
AAA Top Sirloin Steak - 7 oz. & Lobster Tail (add side & Butter)																	1 serv	770	43.6	13.7	0.75	236	887	29.4	4.6	12	71	1.5	5	10	44		*	*	*					*	
AAA Filet Mignon & Lobster Tail (add side & butter)																	1 serv	980	48	16	0.75	262	927	29.4	4.6	12	105	1.5	5	10	66		*	*	*					*	
Butter																	1 oz	210	24	15	1.2	60	168	0	0	0	0	20	0	0.5	0		*								
Fries - side																	8oz	320	15	0	0	0	828	53.7	5.3	2.7	5.3	0	11	0	0										
Corn on the Cob - side																	2 pcs	180	8.6	5	0	21	83	28	3.6	4.6	4	11	10	0	4		*								
Baked Potato, plain - side																	1	210	5.6	0.4	0	0	1140	37	4	33	4	0	28	2	14										
Whipped Butter																	1/2 oz	70	7.6	4.7	0.25	21	78	0	0	0	0	6	0	0	0		*								
Sour Cream																	2 fl oz	90	8	5	0.4	30	50	4	0	2	2	8	0	4	0		*								
<b>Side Fixin's</b>																																									
Fries																	16 oz	640	30	1	0	0	1656	107	10.6	5.4	10.6	0	21	0	0										
Gravy																	4 fl oz	50	1.4	0.4	0	1.5	790	7	1.4	1.1	1.4	0	0	1	1.4		*		*	*					
Add Onion Rings																	8 oz	820	50	10	0	14	2100	104	47	170	6	0	0	3	10					*					
Corn																	4 oz	180	8.6	5	0	21	83	28	3.6	4.6	4	11	10	0	4		*								
Sauteed Mushrooms																	7 oz	200	16.4	2.4	1	0	437	8.5	2.2	3.7	7	0	6	0	7		*		*				*	*	
<b>Burgers</b>																																									
Chuck's Burger - add side choice																	1 serv	690	33.5	12.2	2.25	112.5	927.5	50.5	2	2	35	0	6.5	4	15		*			*					
Cheese Burger - add side choice																	1 serv	810	42.5	18	2.45	142.5	1118	50.5	2	2	41	8	7	20	15		*	*		*					
Bacon Cheese - add side choice																	1 serv	840	44.7	18.5	2.35	145	1392	50.5	2	2	44	5	7	12	16		*	*		*					
Veggie Burger - add side choice																	1 serv	650	26.7	1.7	0	77	1475	78	3	16	30.6	22.5	11.5	5	24		*	*		*					
Smokehouse Burger - add side choice																	1 serv	1200	47	16.7	3	127.5	1862	109	3.4	54	42	50	8.5	14			*	*	*	*			*		
The Big Chuck - add side choice																	1 serv	1320	81	33.5	4.7	272	1998	55	2	2	74	9	6.5	20	16		*	*		*					
Fries - side																	8oz	370	15	0	0	0	828	53.7	5.3	2.7	5.3	0	11	0	0										
Sub Caesar Salad																	1serv	260	23.6	2.5	0	23	317	7	0	0	3.6	29	11.5	10	7		*	*	*	*				*	
CRH Sauce																	4 fl oz	140	0.2	0	0	0	686	24	0	19	0	0	0.6	0.6	0				*	*					
<b>Sandwiches</b>																																									
Grilled Chicken Club - add CRH Sauce & side choice																	1 serv	750	43	3.7	1	55	1751	69	9.6	5	30.4	5	38	4	32		*		*	*			*		
Montreal Smoked Meat - add CRH sauce & side choice																	1 serv	820	31	12	1	120	1781	55	4	2	47	0	0	1	48				*	*				*	
Buffalo Chicken - add CRH sauce & side choice																	1 serv	800	26.7	1.7	0	77	1475	78	3	16	30.6	22.5	11.5	5	24		*	*		*				*	
philly beef sandwich																	1	597	58	11.6	1.4	76	1471	56.5	0.76	5.7	39.5	12	8	30.5	27		*	*	*	*			*		
cajun chicken tacos																	1 serv	390	13.3	1.5	0	62	7123	39	6.5	4	25	3	24	9	29		*			*				*	
Crazy Bird																	1 serv	622	26	8.4	0	92	3372	54.4	2.7	3.5	38	0	13	18	18		*	*		*				*	
CRH Sauce																	4 fl oz	140	0.2	0	0	0	686	24	0	19	0	0	0.6	0.6	0				*	*					
Fries - side																	8oz	370	15	0	0	0	828	53.7	5.3	2.7	5.3	0	11	0	0										
Sub Caesar Salad																	1serv	260	23.6	2.5	0	23	317	7	0	0	3.6	29	11.5	10	7		*	*	*	*				*	
<b>BBQ Chicken, Ribs &amp; Combos</b>																																									
Full Rack Ribs - add CRH sauce & side choice																	1 serv	1440	52	18.2	0.3	210	4296	167	4.4	133.6	61.2	7	11	20.5	46					*				*	
Half Rack Ribs - add CRH sauce & side choice																	1 serv	960	40.5	9	0.15	105	2688	112.2	5.3	53.7	33.3	4	17.5	8	16					*				*	
Half BBQ Chicken - add CRH sauce & side choice																	1 serv	730	29	8.3	0.1	397	986	20	0	17	86	12	0	4	27					*				*	
Quarter BBQ Chicken - Add CRH sauce & side choice																	1 serv	570	23	6.3	0.1	327	656	20	0	17	62	0	0	3	20					*				*	
Chicken & Rib Combo - add CRH sauce & side choice																	1 serv	830	40	12.3	0.2	397	1001	28	0	25	80	2	2	7	28					*				*	
Rib & Wing Combo - add CRH sauce, side choice & Wing sauce																	1 serv	1680	77.7	21.5	0.15	265	3706	121.5	0	100.5	78.6	5	9.6	11.6	35					*				*	
CRH Sauce																	4 fl oz	140	0.2	0	0	0	686	24	0	19	0	0	0.6	0.6	0				*	*					
BBQ Wing Sauce																	2 fl oz	130	0	0	0	0	560	24	0	20	0.6	0	0	0	0									*	
Medium Wing Sauce																	2 fl oz	90	0	0	0	0	500	16	0	14	0.6	0	0	0	0										
Hot Wing Sauce																	2 fl oz	10	0	0	0	0	2000	2	0	0	0.6	0	0	0	0										
Honey Garlic Wing sauce																	2 fl oz	120	0	0	0	0	200	28	0	26	0.2	0	0	0	0				*	*					
Fries - side																	8oz	370	15	0	0	0	828	53.7	5.3	2.7	5.3	0	11	0	0										
<b>Chuck's Favourites</b>																																									
1 Pc. Fish & Chips - add tartar sauce																	1 serv	720	38.4	1	0	45	2905	132.1	11.54	5.7	34.3	2	27.5	3.5	12			*		*					
2 Pc. Fish & Chips - add tartar sauce																	1 serv	1170	47	1.5	0	90	4154	156.7	12.3	6.2	57.8	4	33.5	7	25			*		*					
Tartar sauce																	2fl oz	270	29	4.5	0.15	26	662	2.7	0.1	2	0.5	0	0	0	0		*	*		*				*	
Chicken Fingers (add plum sauce and side choice)																	1 serv	470	24.5	2	0	87	1450	49	0	32.3	0	0	6	28.5			*	*	*	*					
Plum Sauce																	2 fl oz	120	0	0	0	0	200	32	0	30	0.2	6	0	0	0										
Fries																	8 oz	370	16.75	2	0.1	0	1242	55	4	1.6	5	0	0	1.5	8.5										
Buffalo Chicken Fingers - add side choice																	1 serv	920	24.5	2	0	87	1450	49	0	32.3	0	0	6	28.5			*	*	*	*					
<b>Kids' Menu</b>																																									
Burger - add side																	1	480	21	7.2	1	60	910	44	2	1	27	0	0	4	25		*			*					
Cheeseburger - add side																	1	540	25.5	10.2	11.1	75	1005	44	2	1	30	4	0	12	25		*	*		*					
Chicken Fingers - add side & plum sauce																	3pcs	300	11	1	0	52.5	870	30	1.5	0	19.5	0	0	3	14		*	*	*	*					
Plum Sauce																	2 fl oz	120	0	0	0	0	200	32	0	30	0.2	6	0	0	0										
Pasta Marinara																	1	440	6.6	0.6	0	0	638	80	5.7	10	13.7	44	57	6.5	30					*					
Pasta Butter Parmesan																	1	880	52	31.3	0	137	89	64	3.2	0	12.5	41	0	8.5	23		*	*		*					
Grilled Cheese - add side																	1	380	16.5	10	0.3	41	546	40	1	2	15	13	0	22	20		*	*		*					
Fries - side																	8oz	370	15	0	0	0	828	53.7	5.3	2.7	5.3	0	11	0	0										
<b>Desserts</b>																																									
Klondike Crumble																	1 serv	840	37	19.4	0.6	73	300	114	1.6	90.5	19	0	23	38			*	*	*	*	*				
The Chopper NY cheesecake/ reese peanut butter cups																	1 serv	1510	91	35.5	0	115	1396	164	7	136.5	27	0	0	20	70		*	*	*	*	*	*			
Chuck's Buckaroo																	1 serv	1000	39	10	0.2	23	91	109	4.4	41	11.6	6	0	64	7		*	*	*	*	*				
Butter Toffee Bread Pudding																	1 serv	760	52	28	0	214.5	552.5	110	1.3	77	12.5	20	8	11.5	7		*	*	*	*	*				