

Chuck's Roadhouse Nutritional and Allergen Chart																								
Nutrition Information																Allergens								
2025 May	Serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	Eggs	Milk/dairy	Fish/seafood	Soy	Wheat/gluten	Tree nuts	Peanuts	Sulphites	Mustard
Starters																								
Garlic Pan Bread	1 loaf	2083	77	13	8	5	3850	286	15	7.6	49	0	146	35	164	*	*		*	*			*	
Mozzarella Sticks marinara sauce incl	6	578	33	10.8	0.45	30	1378	42.5	1	14	20.5	40	23	47	14		*		*	*				
Steak Bites CRH sauce incl	1 serv	782	54.5	12	0.25	203	710	13.6	0	10	55	0	0	0	35		*		*	*			*	
Wings, Rings & Fingers - add Ranch	1 serv	1638	101	10.5	0.15	198	4296	307	9.35	158	88.7	0	3	9	30.5		*		*	*				
Ranch Dressing	2 fl oz	280	32	2	0	40	320	4	0	0	1.6	0	0	0	0	*	*							
Sweet potato fries/Garlic aioli	16 oz	1516	102.6	4	0	20	1762	136	16	17.4	5.4	320	24	33	11		*		*	*				*
Spinach & Goat Cheese Dip	1 serv	882	76	25.5	2	113	1465	21.5	8	0	25	67	11.5	17	5.5		*		*	*			*	
Loaded Cheese Fries	1 serv	912	68	17	0.35	164	2455	42	1.75	18.25	55	14	13	15	13	*	*							
Buffalo Chicken Quesadilla	1 serv	1008	56	13.3	0.65	69	2380	92	8.5	24	40	25	49	27.5	21		*		*	*			*	
Chuck's Nachos	1 serv	699	26	11	0.2	48	1487	142	5	17	12	39	72	52	8		*			*				
Add Buffalo Chicken	1 serv	335	16	2.5	0	35	1205	29	2	13.5	20.5	1	2.5	2	6.5				*	*				
Bruschetta Goat cheese flatbread	1 serv	247	11	4.3	0.25	11.5	645.5	26	10	2.2514.4	12	32	29	5	13		*		*	*			*	
Shrimp Tempura	7pcs	758	39.5	11	0	100	1470	88	4	19	29	0	0	3	0			*	*	*				*
Onion Rings, add Ranch and BBQ sauce	16 oz	750	16.6	1.4	0	0	2194	141	6.4	14	14.6	0	0	6	86				*	*				
Ranch	2 fl oz	280	32	2	0	40	320	4	0	0	1.6	0	0	0	0	*	*							
BBQ Sauce	2 fl oz	100	0	0	0	0	560	24	0	20	0.6	0	0	0	0									*
fried pickle spears no dressing incl.	7	270	14.7	0	0	0	1237	29	2.7	4	4	5	2	5	5					*				
Calamari with Thai sauce	1 serv	418	14.3	1	0	210	1650	55	23	28	17	0	2	7	16			*		*				
Just Chicken Wings - add sauce	1 lb	880	57	11	0.3	216	2012	48	2.7	14	43.6	2	3	5	21					*				
Just Chicken Wings - add sauce	2 lbs	1760	113	22	0.6	432	4024	97	5.4	28	87	3.5	6.5	11	42					*				
Boneless Chicken Wings - add sauce	10	878	65	18	1	130	1960	39	3	1	38	0	0	4.5	14					*				
Boneless Chicken Wings - add sauce	20	1756	130	36	2	260	3920	78	6	2	76	0	0	9	28					*				
BBQ Wing Sauce	2 fl oz	130	0	0	0	0	560	24	0	20	0.6	0	0	0	0									
Medium Wing Sauce	2 fl oz	90	0	0	0	0	500	16	0	14	0.6	0	0	0	0									
Hot Wing Sauce	2 fl oz	10	0	0	0	0	2000	2	0	0	0.6	0	0	0	0									
Honey Garlic Wing sauce	2 fl oz	120	0	0	0	0	200	28	0	26	0.2	0	0	0	0				*	*				
Add Blue Cheese	2 fl oz	280	32	4	0	20	540	4	0	0	4	0	0	16	0	*	*							
chuck's sliders	3	1498	86	22	1.35	237	2585	115	8	30	74	6	0	42	21		*			*				
sweet heat flatbread	1	738	43	8	0	45	3135	60	12	12	38	24	37.5	1	17	*	*			*				
Salads & Soups																								
Caesar Salad - Regular	1 serv	462	44	3.6	0	25	568	13.5	0.75	0	4.6	39	21	11.5	12	*	*	*		*	*			*
Caesar - Chuck's Size	1 serv	886	86.5	6	0	45	1060	27	1.5	0	8	78	42.5	17	24.5	*	*	*		*	*			*
Strawberry Pecan Salad	1 serv	245	20	4.6	0	11	332	9	1.5	6	5.6	5	41	4	6		*				*			
Broccoli & Cheese	6 fl oz	120	6	3	0.2	15	950	13	3	3	5	2	20	10	2		*		*	*				
Cream of Mushroom	6 fl oz	80	5.6	1.2	0	4	648	5.6	0.8	0.8	0.8	0	0	1.5	1.5		*		*	*				
Chicken Noodle	6 fl oz	53	0.7	0.2	0	3.3	320	9.3	0.7	0.7	2	13	1	1	2.5	*			*	*				
Butternut Squash	6 fl oz	120	5.3	3.3	0	20	500	15	1.3	6	2	7	0	4	4		*			*				
Vegetable Beef Barley	6 fl oz	67	0.7	0.2	0	3.3	320	12	1.3	1.3	2	10	4	2.5	5				*	*				
Tomato Tortellini	6 fl oz	73	0.7	0.3	0	3.3	520	14	1.3	4.7	5.7	3	3	3	4	*			*	*				
Homestyle minestrone	6 fl oz	70	0.5	0	0	0	650	13	3	4	3	8	2	4	6				*	*				
Loaded Baked Potato	6 fl oz	193	12	4.7	0	27	580	17.3	1.3	1.3	4	0	0	10	3		*							
Tomato Roasted Red Pepper Bisque	6 fl oz	247	19	8	0	30	667		3	9.3		1	13	10	4		*		*					
Lobster Bisque	6 fl oz	220	15	6.7	0	70	980	15	0.7	4.7	7.3	4	1	7	4		*	*	*	*				
Tomato & Red Pepper Bisque with Gouda	6 fl oz	350	24	10	0.3	35	830	16	3	12	7	2	15	10	4		*		*	*				
Wicked Thai with Chicken	6 fl oz	200	15	6	0	27	620	11	1.3	3	7	1	0	4	5		*	*	*	*				
Crackers	20g	90	2	0.3	0	0	230	15																

Chuck's Roadhouse restaurants are unable to guarantee that any menu item can be completely free of allergens.
Values should be considered approximations as product ingredients may vary from time to time.
Guests' that have special dietary needs or food sensitivities, should not rely solely on this information as the basis for deciding to consume a particular menu item.
Chuck's Roadhouse Bar & Grill assumes no liability for the use of this information.
Nutritional and Allergen Information - Effective April 2023