Chuck's Roadhouse

2026 OCT	serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	eggs	milk/dairy	fish/seafood	Soy	wheat/gluten	tree nuts	peanuts	sulphites	mustard	sesame	
Nutrition Information																										**Allergens**
Soups																										
Cream Of Asparagus	6 fl oz	100	5.3	1.7	0	6.7	580	9.3	0.7	4.7	3.3	2.5	0	10	2.5		*		*	*						
Cream Of Mushroom	6 fl oz	80	5.6	1.2	0	4	648	5.6	0.8	0.8	0.8	0	0	1.5	1.5		*		*	*						
Chicken Noodle	6 fl oz	60	0.7	0.2	0	3.3	320	9.3	0.7	0.7	2	13	1	1	2.5	*			*	*						
Butternut Squash	6 fl oz	120	5.3	3.3	0	20	500	15	1.3	6	2	7	0	4	4		*			*						
Vegetable Beef Barley	6 fl oz	70	0.7	0.2	0	3.3	320	12	1.3	1.3	2	10	4	2.5	5				*	*						
Tomato Tortellini	6 fl oz	80	0.7	0.3	0	3.3	520	14	1.3	4.7	5.7	3	3	3	4	*			*	*						
North Atlantic Clam Chowder	6 fl oz	80	2	0.33	0	7	647	11	0.7	0.7	2.7	0	0	3	5		*	*	*	*						
Loaded Baked Potato	6 fl oz	200	12	4.7	0	27	580	17.3	1.3	1.3	4	0	0	10	3		*									
Tomato Roasted Red Pepper Bisque	6 fl oz	250	19	8	0	30	667	13	3	9.3	5.3	1	13	10	4		*		*							
Lobster Bisque	6 fl oz	220	15	6.7	0	70	980	15	0.7	4.7	7.3	4	1	7	4		*	*	*	*						
Kickin' Crab & Sweet Corn Chowder	6 fl oz	220	15	5.3	0	47	700	13.3	1.3	6	6.7	0	1	5	7		*	*		*						
Broccoli Cheddar	6 fl oz	150	10.5	6.8	0.37	37.5	661	7.5	1.5	2.25	5	0	0	13.5	2.5		*							*		
Creamy Garden Broccoli	6 fl oz	70	3.3	1.25	0.05	7.25	516	7.4	1	3	2.8	0	0	7	2		*		*							
Minestrone	6 fl oz	60	1.25	0.27	0	9.4	534	9.4	2	2.7	2.25	0	0	3	5	*	*			*						
Homestyle Minestrone	6 fl oz	40	0.5	0.15	0	0.38	385	7	1.6	2	1.7	0	0	2	5	*	*			*						
Cream Of Potato Bacon	6 fl oz	100	4.4	1.5	0.06	7.8	478	12.7	1.7	2	2.7	0	0	4	2		*		*	*						
Tomato Bisque	6 fl oz	60	2.25	0	0.05	4.2	363	7.8	0.7	3.7	1.7	0	0	4	2		*		*	*						
Wicked Thai With Chicken	6 fl oz	200	15	6	0	27	620	11	1.3	3	7	1	0	4	5		*	*	*	*						
French Onion, Recipe	10fl oz	240	11.6	6.75	0.2	25	2373	20.5	2.25	15	14	9	10	15	6		*			*						
Crackers	20g	90	2	0.3	0	0	230	15	1	0	2	0	0	0	0.84					*			*			
Sauces And Dressings																										
Tangy Thai	2 fl oz	120	0	0	0	0	660	36	0	28	0.2	0	4	0	0											
Honey Garlic	2 fl oz	120	0	0	0	0	200	28	0	26	0.2	0	0	0	0				*	*						
Caesar	2 fl oz	340	37.5	2.9	0.4	29.5	266	1.3	0.1	0.3	0.7	0	0	1	2	*	*	*						*		
Golden Italian Dressing	30ml	240	21	3	0	0	810	6	0	6	0.3	0	0	3	3											
French Dressing	30 ml	130	11.5	1.7	0.1	0	230	4	0.2	3.6	0.1	22	0	0	0									*		
Ranch	2 fl oz	280	28	2	0	20	360	4	0	0	1.6	0	0	0	0	*	*		*							
Balsamic	2 fl oz	140	12	2	0	0	460	8	0	6	0	0	0	0	0									*		
Thai Chili	2 fl oz	160	0	0	0	0	600	40	0	40	0.2	0	4	0	0											
Rose Sauce	8 fl oz	310	21	6.7	3	45	1260	23.6	1.5	4.5	4.5	1.5	0	13.4	17		*			*						
Mayonnaise	2 fl oz	400	44	6	0.4	40	340	0	0	0	0.4	0	0	0	0	*										
BBQ	2 fl oz	100	0	0	0	0	373	18	0	13	0.4	0	0	0	0											
1st Degree	2 fl oz	60	0	0	0	0	440	18	0	14	0.8	0	0	0	0											
2nd Degree	2 fl oz	80	0	0	0	0	500	18	0	14	0.6	0	0	0	0											
3rd Degree	2 fl oz	60	0	0	0	0	2580	12	0	10	0.2	0	0	0	0											
Tartar Sauce	2 fl oz	270	28	4.5	0.15	26	660	2.6	0.1	2	0.5	0	0	0	0	*			*					*		
Horseradish	2 fl oz	200	18	4	0	10	460	8	0	6	0	0	0	0	0	*										
Plum Sauce	2 fl oz	120	0	0	0	0	200	36	0	30	0.2	6	0	0	0											

2026 OCT	serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	eggs	milk/dairy	fish/seafood	Soy	wheat/gluten	tree nuts	peanuts	sulphites	mustard	sesame	
Sauces And Dressings																										
Gravy	4 fl oz	50	1.5	0.4	0	1.5	790	7	1.4	1	1.4	0	0	1	1.4		*		*	*						
Blue Cheese	2 oz	180	14	9.3	0.25	38	698	1	0	0	11	99	0	264	0.2		*									
Sides																										
Guacamole	2 oz	80	7	1.1	0	0	223	5	3.4	1.1	1.1	3	10	0	1											
Lobster Tail Prep	1 serv	210	10	1.4	0.5	80	337	3	0.1	0.1	24	0	4.5	4.5	0		*	*	*				*			
Grilled Chicken Breast	1 serv	110	1.5	0	0	40	410	0	0	0	25	0	0	1	3.5											
Top Sirloin Steak	7 oz	470	31	12	0.25	157	334	0.8	0	0	42	0	0	0	29		*		*				*	.		
Salsa	2 fl oz	30	0	0	0	0	480	5	2	4	1	2	6	2	2											
Mushrooms	2 oz	70	4.7	0.7	0.5	0	609	3.4	0.6	1	2	0	0	6	3.5		*		*				*			
Sour Cream	2 fl oz	90	8	5	0.4	30	50	4	0	2	2	8	0	4	0		*									
Mashed Potatoes	8 fl oz	280	8	1	0	0	840	46	4	0	6	0	0	5	0				*							
Baked Potato, Sour Cream, Butter	1	320	15.6	10	0.2	45	119	41	6.8	2	4	12	28	9	13.5		*									
Jalapenos	1 oz	10	0	0	0	0	0	1	0.4	0	0	0	0	0	0											
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											
Fries	16 oz	700	27	1	0	0	1654	107	10.6	0	10.6	0	0	4.5	14											
Loaded Baked Potato	1	410	22.6	15.5	0.2	67	439	41	7	2	11	13.5	28	9	15		*									
Sub Coleslaw	6 oz	240	13.5	2.25	0	7.5	330	24	3	22.5	1.5	0	0	4	4	*			*							
Corn Scoop	2 oz	50	0.5	0	0	0	150	11	1.2	2	1.5	0	10	0.5	3.5											
Sub Corn	4 oz	90	1	0	0	0	300	22	2.4	4	3	0	20	1	7											
Side Garlic Sauteed Mushrooms	7 oz	200	16.4	2.4	1	0	437	8.5	2.2	3.7	0	6	6	0.5	7		*		*				*			
Garlic Sauteed Onions	4 oz	220	18	2.4	1	0	598	11.5	1.8	5.2	0.2	0	12	2	0		*		*				*			
Sweet Potato Fries	8 oz	530	27.3	1	0	0	747	64	8	7	2.8	160	17	0	5				*							
Apps																										
Garlic Cheese Bread	1 loaf	2150	83.2	16	8	20	3981	286	15	7.6	56.2	6	147	33	164	*	*		*	*			*			
Mozzarella Sticks Rosé Sauce	1 serv	610	36.25	12.7	1.2	41.25	1443	47	0.37	14	21.6	23	0	49	18.5		*		*	*						
Spinach Goat Cheese Dip	1 serv	720	61	20.5	2	80	1567	24	8	0.05	19.5	1.5	0	11	109		*		*	*			*			
Buffalo Chicken Quesadilla	1 serv	1010	56	15	0.65	69	2377	91	8.45	24	39	23.5	46	28	19		*		*	*			*			
Chuck's Nachos	1 serv	1420	81	24.2	0.2	84	1554	153	20	14	41	39	72	45	15		*			*						
Calamari, Chili Mayo	1 serv	660	54	5	0.4	210	1350	25.4	22.7	0	17.4	0	0	7	16	*		*		*						
Bruschetta Goat Cheese Flatbread	1 serv	240	11	4.3	0.25	11.5	645.5	24	10	5.6	14.5	12	32	5	13	*	*		*	*			*	*		
Peking Beef Bites	1 serv	840	40.5	8	0.2	161	2741	56.5	0	49.8	61	1	5	3	44	*			*	*					*	
Add Buffalo Chicken	2 strips	260	8.5	0.75	0	35	960	32	1	10	13.3	0	1	2.5	11				*	*						

Onion Rings Ranch/BBQ Sauces	1 serv	1080	46	5	0	10	2500	149	7	250	9	0	0	4	14	*	*		*	*								
Loaded Cheese Fries	16 oz	1170	67	20	0.2	88	2604	113.6	11	2.5	30	15	10	16	4	*	*		*									
Skillet Bread	1 loaf	1700	36	7	3	5	3200	282	15	8	50	0	0	35	0		*			*								
Side Sauteed Veg	1 serv	190	14	1	0	0	115	12.5	2.7	4.5	3	29	225	3	6													
Sub Poutine	1 serv	420	18.3	2.7	0	11	1317	57	6	0.5	10	3	0	4.5	8		*		*	*				*				
Sub Onion Rings	1 serv	460	17	1	0	0	930	72	3.5	123	4.5	0	0	2	0		*			*								
Sweet Potato Fries	16 oz	1160	50.6	1	10	0	1628	132	16	16	5.6	320	3	0	11	*			*									
Salads																												
Strawberry Pecan Salad	1	300	21	4.8	0	11	162	20	3	18	7	5.5	41	6	9					*	*							
Caesar Salad	reg	470	44.35	3.6	0	25	568	13.5	0.75	0	4.6	39	21	11.5	13	*	*	*		*						*		
Caesar Salad	chucks	890	86.5	6	0	45	1060	27	1.5	0	8	77	42	20	26	*	*	*		*						*		
Caesar Salad	sub	250	23.5	2.7	0	19.35	324	5	0	0	3	15.5	6.5	8	5	*	*	*		*						*		

2026 OCT	serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	eggs	milk/dairy	fish/seafood	Soy	wheat/gluten	tree nuts	peanuts	sulphites	mustard	sesame	
Sandwiches & Wraps																										
Buffalo Chicken Sandwich	1serv	680	26.5	1.2	0	60	1463	77	3	16	61	2.5	11.5	6	25	*	*		*	*						
Philly Cheese	1 serv	710	50	16.6	1.5	90	941	43	0.5	4.2	42	6	3.5	22	35		*		*	*						
Grilled Chicken Breast	1	110	1.5	0	0	40	410	0	0	0	25	0	0	0	4											
Grilled Chicken Club	1serv	620	32	5	10.25	62	1850	51	2.25	5	33	2.5	10	5	20	*	*		*	*						
Buffalo Chicken Side	2 strips	260	8.5	0.75	0	35	960	32	1	10	13.3	0	1	2.5	11				*	*						
Nashville Hot Chicken	1 serv	770	27	5	0.11	108.4	1577	66.7	5	13	32	0	0	7	23	*			*	*	*				*	
Chicken Fingers	5	310	17	1.25	0	29	940	19	2	3.4	33.5	0	0	2	6					*						
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											
Burgers																										
Veggie Burger	1	710	31	2.2	0	10	1207	62	10	4	35	7.5	7	19	105	*	*			*						
Bacon Cheese Burger	1	840	44.7	18.5	2.35	145	1392	50.5	2	2	44	5	7	12	16		*			*						
Cheese Burger	1	810	42.5	18	2.45	142.5	1118	50.5	2	2	41	8	7	20	15		*			*						
Chuck's Burger	1	690	33.5	12	2	112.5	927.5	50.5	2	2	35	1	7	4	15		*			*						
The Big Chuck	1	1370	81	33.5	4.7	272	2377	67	2	12	74	9	8	25	58		*			*						
Smokehouse Burger	1	1020	46	16.4	3	127.5	1862	109	3.4	54	42	50	8.5	16	38		*		*	*				*		
Roadhouse Burger	1	990	63	18.6	2.6	150.5	1604	52.7	2.3	4	39	4.5	1.5	14.5	36	*	*			*					*	
The Big Chuck	1	1370	81	33.5	4.7	272	2377	67	2	12	74.5	9	8	25	58		*		*	*						
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											
Steaks																										
Top Sirloin Steak	7 oz	470	31	12	0.25	157	334	0.8	0	0	42	0	0	0	29		*		*				*	.		
T Bone	14 oz	1040	64	26.5	0.25	248	442	0.4	0	0	101	0	0	0	71		*		*				*	.		
NY Strip Loin	10 oz	680	37	16.5	0	193	309	0	0	0	76	3.5	0	0	50		*		*				*	.		
Porter House	20oz	1590	122	103	0.65	421	545	0	0	142	115	0	0	0	14		*		*				*			
Rib Eye	12 oz	880	62	26.5	0	203	312	0	0	0	73	34	0	1.5	64											
Filet Mignon Bacon Wrapped	6oz	540	30	11.6	0.25	143	344	0.4	0	0	60	0	0	0	35		*		*				*			
Corn Scoop	4 oz	90	1	0	0	0	300	22	2.4	4	3	0	20	1	7											
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											

Nutritionals **Allergens**

2026 OCT	serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	eggs	milk/dairy	fish/seafood	Soy	wheat/gluten	tree nuts	peanuts	sulphites	mustard	sesame	
Ribs Combos																										
Ribs Full Rack/ BBQ Sauce	1 serv	1480	72	24	0.4	280	2880	120	0	108	85.2	1	4.5	13.5	41	*			*					*		
Ribs Half Rack BBQ Sauce	1 serv	740	36	12	0.2	140	1440	60	0	54	42.6	0	2.25	6.8	20.5	*			*					*		
Rib Wing Combo	1 serv	1270	71	18.5	0.35	108	2770	92	1.3	68	89.6	2.5	5.5	10	34	*			*	*				*		
Chicken Rib Combo	1	810	34	9.5	0.15	145	2815	70.5	0	61	53	4	7.5	10	21	*	*		*				*	*		
Steak Rib Combo	1	1210	68.6	24	0.45	156	1774	60.38	0.05	54	84.7	0.5	2	7	49	*	*		*				*	*		
Coleslaw	2 oz	80	4.5	0.76	0	2.5	110	8	1	7.5	0.5	0	0	1	1	*			*							
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											
Roadhouse Favs																										
Chicken Parm Pasta	1 serv	1090	48.6	22.3	3.4	180	2224	85.6	6	9.5	48.5	13	0	48	42		*			*						
Buffalo Chicken Fingers	5	660	33.5	2.75	0	62.5	2075	42.5	5	7.5	50	0	0	4	14	*	*		*	*						
Buffalo Sauce	2 fl oz	200	21	10	0.5	40	1457	1	0	0	0	0	0	0	0											
Chicken Fingers & Fries	5pcs	830	34.5	2.25	0.13	87.5	2278	104	8	2.7	38	0	11	5	25					*						
Beer Battered Fish Chips	1 pc	820	35.6	7.5	0	85	1637	85	6.3	1	38	2	0	8	32	*	*	*	*	*				*		
Beer Battered Fish Chips	2 pcs	1330	64.5	15	0	170	2447	117	7.3	2	71	4	0	14	57	*	*	*	*	*				*		
Kids Menu																										
Kids Burger, Bun	1x4oz	420	17	5	1	45	740	49	3	1	20	0	0	4	25	*	*			*						
Kids Cheese Burger	1x4oz	480	21.5	8.2	1	60	835	49	3	1	23	4	0	12	25	*	*			*						
Chicken Fingers	3pcs	200	11.5	1	0	17	553	11	1.3	2	13.3	0	0	1	3.5					*						
Grilled Cheese	1	310	10.5	6	0.1	26	406	40	1	2	10	7	0	12	20		*			*						
Kids Pasta Rosé	1 serv	420	14	4.6	1.5	27.6	707	60	3	4.25	14	7.5	0	14	36		*			*						
Kids Pasta Butter Parm	1 serv	610	43.4	26.3	2	105	357	48	2.4	0	9.7	33	0	8	17.5		*			*						
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											
Desserts																										
Butter Toffee Bread Pudding	1	750	33.5	16.5	0.6	115	476	103	4.5	75	7	3	0	4.5	3.5		*			*	*					
Chuck's Birthday Dessert	1	870	37.7	18.2	0.7	60	444	123.5	4	85.7	9	8	0	10	72		*		*	*	*					
Klondike Crumble	1	870	37.7	18.2	0.7	60	444	123.5	4	85.7	9	8	0	10	72		*		*	*	*					
Buckaroo Dessert	1	1000	39	10	0.2	23	91	109	4.4	41	11.6	6	0	64	7	*	*		*	*						
Chopper Cheese Cake	1	650	34	18.4	0	77	357	77.5	2	57	7.4	0	0	15	17		*			*		*				

Nutritionals **Allergens**

2026 OCT	serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	eggs	milk/dairy	fish/seafood	Soy	wheat/gluten	tree nuts	peanuts	sulphites	mustard	sesame	
Steak And Lobster																										
7oz Top Sirloin Lobster Tail	1serv	680	42.5	13.5	0.75	236	343	3.4	0.1	0.1	66	0	4.5	5	28		*	*	*				*			
Butter, Unsalted	1 oz	210	24	15	0.9	60	0	0	0	0	0.3	0	0	0	0		*									
Lobster Tail Prep	1 serv	210	10	1.4	0.5	80	337	3	0.1	0.1	24	0	4.5	4.5	0		*	*	*				*			
7oz Filet Mignon Lobster Tail	1 serv	690	36.5	11	0.75	213	834	3.4	0.1	0.1	78	0	4.5	4.5	43											
Sizzlers																										
Steak Sizzler	1 serv	680	36	11	0.25	141	4177	36.4	4.5	21.5	50	38	450	6	44				*	*				*		
Grilled Teriyaki Chicken Sizzler	1 serv	360	8.5	0.5	0	40	4262	36	4.6	21.5	36.5	39	450	7.5	23		*		*	*			*			
Hot Honey Chicken Sizzler	1 serv	550	12.6	1	0.25	40	1994	80	4.5	64.5	30.5	38	400	7	15.5		*		*				*	*		
Veggie Sizzler	1 serv	160	7	0.5	0	0	20	20	4.5	7.5	5.5	38	93	4	10											
Wings Etc																										
8 Just Wings	1 serv	1150	83	12.5	0.3	226	2193	55	2.7	2	84	0	0	5	21	*		*		*				*		
16 Just Wings	1 serv	2300	166	25	0.6	452	4386	110	5.4	4	169	0	0	9	42	*		*		*				*		
Wings Fingers Rings	1 serv	1830	102	10.5	0.15	198	6142	433	10.3	245	92	0	13	12	38	*	*			*						
Boneless Wings	10	880	65	18	1	130	1960	39	3	1	38	0	0	5	14		*		*	*						
Boneless Wings	20	1760	130	36	2	260	3920	78	6	2	76	0	0	9	28		*		*	*						
Beverages																										
Casamigos Margarita	1 serv	410																								
Casamigos Strawberry Margarita	1serv	450																								
Negroni	1 serv	180																								
Strawberry Mojito	1 serv	120																								
Draught Beer	12 oz	150																								
Draught Beer	18 oz	230																								
Draught Beer	30 oz	450																								
Draught Beer	54 oz	660																								
Bottled Beer	12 oz	150																								
Spanish Coffee	1	140																								
Irish Coffee	1	160																								
B52 Coffee	1	150																								
Kahlua Coffee	1 cup	100																								
Blueberry Tea	1	170																								
Baileys Coffee	1	100																								
Caesars																										
Classic	1	100																								
Chuck Size	1	150																								
Martinis																										
Classic	1	110																								
Cosmopolitan	1	200																								
Cool Blue	1	250																								
Chuck Tails																										
Manhattan	1	110																								
Old Fashioned	1	240																								
Salted Caramel Chocotini	1	210																								
Gin And Tonic	1	140																								
Cactus Flower Sangria	1	160																								
Spicy Margarita	1	320																								
Summer Chucktails																										
Peach Whisk Tea	1	160																								
World Mustang Fizz	1	220																								
Roadhouse Refresher	1	140																								
Aperol Spritz	1	170																								

Nutritionals **Allergens**

2026 OCT	serving size	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrate (g)	Fibre (g)	Sugars (g)	Protein (g)	Vitamin A %DV	Vitamin C %DV	Calcium %DV	Iron %DV	eggs	milk/dairy	fish/seafood	Soy	wheat/gluten	tree nuts	peanuts	sulphites	mustard	sesame	
Lunch Express																										
Golden Coast Grilled Cheese/Bacon	1 serv	650	40	17.8	0.8	83.8	1154	46	2	4.5	20.4	16	0	16	1.5	*	*			*				*		
Harvest Salad	1 serv	450	30	7.5	0	11.5	453	30	2.3	3	10.75	35	21	15.5	37.5	*	*		*		*		*	*		
Smoky Penne Rosé	1 serv	740	44	17	2.25	53.8	1355	65.7	3.5	3.4	18.4	1	0	14	32		*			*						
Cuban Sandwich	1 serv	510	35.5	13	0.8	83	1692	44.75	2	4.7	26	23	1	30	20	*	*		*	*				*		
The Brewhouse Burger	1 serv	920	51.7	18.5	2.35	144.8	1935	54.5	2	6	44	4	0	14	36	*	*		*	*				*		
Baja Fish Tacos	1 serv	640	29	3.25	0	22.5	971.4	66	6	13.6	16.8	3	9	10	20	*		*	*	*				*		
Chicken Caesar Wrap	1 serv	990	68.3	10.5	0.47	65.5	1604	71	3.2	2.5	27.3	18.5	6.5	16	21	*	*	*	*	*			*	*		
Chuck's Toasted Club	1 serv	730	34	8	0.2	39.5	1647	70.7	3.3	5.7	32	3.5	13	6.5		*				*				*		
Fries	8oz	350	13.6	0.5	0	0	837	53.4	5.3	0	5.3	0	0	2	7											
Coleslaw	2 oz	80	4.5	0.76	0	2.5	110	8	1	7.5	0.5	0	0	1	1	*			*							
Wing Sauces																										
BBQ	2 fl oz	100	0	0	0	0	373	16	0	13	0.4	0	0	0	0											
Mild	2 fl oz	60	0	0	0	0	440	16	0	14	0.8	0	0	0	0											
Medium	2 fl oz	80	0	0	0	0	500	16	0	14	0.6	0	0	0	0											
Hot	2 fl oz	60	0	0	0	0	2580	12	0	10	0.2	0	0	0	0											
Hot Honey Ghost Pepper	2.25 oz	240	22	4	0	0	651	9	0	7	0	0	0	1	0	*	*									
Honey Garlic	2 fl oz	120	0	0	0	0	200	36	0	26	0.2	0	0	0	0				*	*						
Honey Sriracha	2 fl oz	90	0	0	0	0	490	22	0	16.6	0.15	0	0	0	0											
Sauces																										
Roasted Garlic Aioli	1 fl oz	200	21.7	3.9	0.2	21.7	157.7				0.4					*			*							
Sweet Chili Mayo	2 fl oz	270	22	3	0.2	20	505.2	14.8	0	13.8	0.3					*										

Hoisin Sauce	2 fl oz	200					2089.9	49.3		39.4	2								*	*					*	
Chuck's Secret Sauce	1 fl oz	130	12.6	1.7	0.1	11.4	218	3.7	0.1	2.8	0.2					*								*		
Chipotle Mayo	2 fl oz	360	39.1	6	0.8	27.9	389.8	1.9	0.2	1.2	0.6					*			*					*		
Teriyaki Sauce	3 fl oz	210					1774.4	44.4		32.5	3								*	*						